

YMCA Spirit Mind Body Triathlon  
Team Results

Place	Bib No.	Team	Swim Rank	Swim Time	Exchnge #1	Bike Rank	Bike Time	Exchnge #2	Run Rank	Run Time	Total Time
1	407	Jonathan Jacob	4	8:06	0:18	1	45:54	0:15	1	17:20	1:11:53
2	406	Louie Stumpf	3	7:59	0:21	3	51:32	0:16	3	19:33	1:19:41
3	411	Ivan Rodriguez	6	8:50	0:17	2	50:50	0:12	7	22:56	1:23:05
4	402	Adria Henke	12	11:36	0:18	4	52:24	0:17	2	18:35	1:23:10
5	415	Jeff Nelson	2	7:58	0:19	6	58:15	0:16	4	21:32	1:28:20
6	410	Dean Beckman	10	10:37	0:24	5	56:54	0:21	5	22:05	1:30:21
7	412	Tim Rogers	9	9:21	1:10	8	1:00:49	0:15	6	22:42	1:34:17
8	409	Susan Mitsmesser	8	9:19	0:25	10	1:04:45	0:20	10	24:35	1:39:24
9	401	Beverly Elsner	13	13:44	0:21	9	1:01:10	0:21	8	23:58	1:39:34
10	417	John Lamb				12	1:08:59	0:30	11	24:51	1:42:18
11	408	Rachel Chambliss	16	14:52	0:50	7	1:00:14	0:25	14	27:36	1:43:57
12	405	Heather Laake	11	10:50	0:21	11	1:06:52	1:00	13	25:50	1:44:53
13	416	Jim Thomas	5	8:14	0:35	14	1:12:13	0:15	12	25:07	1:46:24
14	403	Susan McDonald	1	7:39	0:29	13	1:12:05	0:22	17	34:18	1:54:53
15	413	Andie Gunter	14	14:41	0:22	17	1:16:29		9	24:22	1:55:04
16	418	Season Schmidt	7	9:00	2:02	16	1:15:52	0:19	16	30:49	1:58:02
17	414	Marideth Kates	15	14:45	2:05	15	1:14:46	0:25	15	28:13	2:00:14