



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

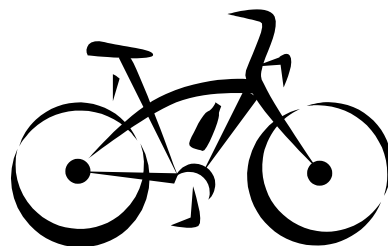
EVERYONE CAN TRI!

Join us for our 3rd Annual
YMCA Indoor Triathlon!



SWIM for 15 minutes
BIKE for 15 minutes
RUN/WALK for 15 minutes

Sun, February 26th



8-12noon (sign up for your 1 hour time slot)
\$35 per person for members and non-members

Our Mission: The YMCA of Southwestern IN, Inc. following the example of Jesus Christ responds to community needs by serving all people, especially youth, through relationships and activities that promote healthy spirit, mind, and body.