

# YMCA Spirit, Mind, Body Sprint Triathlon

Saturday, August 15, 2009

Swim 700 Yards - Bike 17.2 Miles - Run 3.1 Miles

## Teams

TEAM	OVERALL	DIVPL	SWIM	RATE	RANK	T1	BIKE	RATE	RANK	T2	RUN	RATE	RANK	TIME
RHINO'S Michael Kleuh Matt Barch Gib Riffel	1	1/20	5:36	0:53	1	0:36	40:13:00	25.7	1	0:24	20:50	6:43	4	1:07:37
BOILER UP Shane Thread David McClary	2	2/20	11:10	1:45	14	0:30	42:33:00	24.3	2	0:54	19:02	6:09	2	1:14:07
BLUEGRASS FARMERS Will Hargett John Stallings Drew Tharp	3	3/20	7:43	1:13	2	0:30	45:27:00	22.7	3	0:21	20:24	6:35	3	1:14:22
BEAUTY AND THE BEASTS Michele Smith Miker Demerly Nick Wade	4	4/20	10:29	1:39	12	0:33	45:43:00	22.6	4	0:22	23:17	7:31	9	1:20:23
YOUNG OLD RESTLESS Bob Barber Melanie Hutchinson Tristan Mannix	5	5/20	8:41	1:22	4	0:36	52:49:00	19.5	8	0:24	18:27	5:58	1	1:20:56
GOOD TIMES Darby Baker Nathan Mominee Brett Mominee	6	6/20	10:05	1:35	11	0:20	50:13:00	20.6	6	0:17	21:47	7:02	6	1:22:40
L, J K Lance Peyton Kevin Wilson Jeff Nelson	7	7/20	8:23	1:19	3	0:37	51:18:00	20.1	7	0:23	22:15	7:11	7	1:22:54
WEC RACING William Warsinsky Cary Conner Vern Eliason	8	8/20	9:02	1:25	7	0:38	53:38:00	19.2	9	0:26	21:09	6:50	5	1:24:52
SAM I SWAM Roger McBain Alex Colter Samantha Neidig	9	9/20	9:45	1:32	8	0:38	56:23:00	18.3	11	0:25	22:43	7:20	8	1:29:51
THE BRAINS Julie Gerhardt Michael Gerhardt Peggy Bridges	10	10/20	16:34	2:36	20	0:29	47:10:00	21.9	5	0:31	29:44:00	9:36	15	1:34:26

# YMCA Spirit, Mind, Body Sprint Triathlon

Saturday, August 15, 2009

Swim 700 Yards - Bike 17.2 Miles - Run 3.1 Miles

## Teams

MONTESSORI MOMS	11	11/20	12:16	1:55	15	0:41	55:45:00	18.5	10	0:38	30:05:00	9:42	16	1:39:22
Rick Martin Andee Sheffer Lori Harter														
PACU	12	12/20	10:03	1:35	9	0:50	1:01:04	16.9	16	0:30	27:31:00	8:53	11	1:39:56
Denise Spindler Tara Moore Sarah Murphy														
H.E.L.	13	13/20	9:00	1:25	6	0:35	1:01:05	16.9	17	0:30	28:53:00	9:19	13	1:40:00
Hadley May Erik Ripper Leesa Dannheiser														
TOLEN, TOLEN SPERLING	14	14/20	12:51	2:01	16	0:39	57:34:00	17.9	12	0:36	29:14:00	9:26	14	1:40:52
Emili Sperling Jim Tolen Joyce Tolen														
BANK OF EVANSVILLE	15	15/20	14:02	2:12	17	0:52	1:01:45	16.7	18	0:28	24:36:00	7:56	10	1:41:40
James Thomas John Lamb Bill Shankland														
PBY	16	16/20	10:05	1:35	10	0:50	1:00:25	17.1	15	0:33	32:12:00	10:24	17	1:44:04
Yong Kim Paul Housman Larry Paul														
THE THUMPER BUNCH	17	17/20	15:08	2:22	18	0:49	1:00:00	17.2	14	0:24	28:21:00	9:09	12	1:44:40
Chris Jones Tim Sanders														
THE ARM CANDY	18	18/20	8:56	1:24	5	0:43	59:25:00	17.4	13	0:31	35:31:00	11:28	19	1:45:04
Stephanie Gerhardt Josheph Bridges Jason White														
RED, WHITE, BLUE	19	19/20	16:02	2:31	19	0:49	1:10:27	14.6	19	0:32	33:08:00	10:42	18	2:00:56
Kathie Hedrick Kristy Daniels Steve Kroeger														
WE TRI'D	20	20/20	10:59	1:43	13	0:34	1:17:58	13.2	20	0:24	36:02:00	11:38	20	2:05:54
Beth Gabhart Jennifer Porter-Kiefer Summer Garrett														