

XTERRA Scales Lake Triathlon
June 15, 2013
SPRINT RESULTS

FIRST PLACE MALE

Place	Division	NO.	NAME	AGE	S	SWIM Cum Plc	SWIM Cum Time	EXCH #1 Time	BIKE Cum Plc	BIKE Cum Time	EXCH #2 Time	RUN Cum Plc	RUN Cum Time	OVERALL PLACE	TOTAL Time
1	1/5	453	Nick Waninger	29	M	1	11:40	0:11	2	55:16	0:15	1	23:00	1	1:30:22

FIRST PLACE FEMALE

Place	Division	NO.	NAME	AGE	S	SWIM Cum Plc	SWIM Cum Time	EXCH #1 Time	BIKE Cum Plc	BIKE Cum Time	EXCH #2 Time	RUN Cum Plc	RUN Cum Time	OVERALL PLACE	TOTAL Time
14	1/1	636	Jenna Blandford	29	F	12	15:43	0:49	19	1:07:00	0:50	12	30:56	14	1:55:18

ALL FINISHERS - SPRINT

Place	Division	NO.	NAME	AGE	S	SWIM Cum Plc	SWIM Cum Time	EXCH #1 Time	BIKE Cum Plc	BIKE Cum Time	EXCH #2 Time	RUN Cum Plc	RUN Cum Time	OVERALL PLACE	TOTAL Time
1	1/5	453	Nick Waninger	29	M	1	11:40	0:11	2	55:16	0:15	1	23:00	1	1:30:22
2	1/8	454	Karl Stover	41	M	4	12:48	0:31	1	52:53	0:36	8	28:53	2	1:35:41
3	1/11	443	Michael Kern	47	M	3	12:47	1:02	8	59:06	0:36	2	26:09	3	1:39:40
4	2/8	452	Bence Roemer	41	M	7	15:15	0:27	4	56:12	0:23	7	28:18	4	1:40:35
5	2/11	442	Brian Parker	46	M	14	16:07	0:40	6	57:11	0:33	3	26:28	5	1:40:59
6	1/7	430	Rowan Jones	35	M	18	16:39	1:04	7	57:29	0:42	4	27:17	6	1:43:11
7	2/7	455	Brad Moore	36	M	23	17:34	0:33	5	56:29	0:41	6	28:07	7	1:43:24
8	3/8	435	Ian Linnabary	40	M	10	15:18	1:09	3	55:29	0:31	13	32:15	8	1:44:42
9	3/7	429	Rob Raguete-Schofiel	35	M	11	15:26	0:53	13	1:03:19	0:44	5	27:26	9	1:47:48
10	3/11	446	Jeff Yeager	47	M	16	16:16	1:11	11	1:01:17	0:44	14	32:18	10	1:51:46
11	1/3	427	Michael Miller	32	M	15	16:10	1:35	18	1:06:56	1:01	9	29:07	11	1:54:49
12	4/8	438	Brad McConnell	44	M	36	20:04	2:04	9	59:28	0:40	15	32:35	12	1:54:51
13	1/1	420	Owen Stone	20	M	2	11:44	1:00	21	1:08:17	1:07	16	33:00	13	1:55:08
14	1/1	636	Jenna Blandford	29	F	12	15:43	0:49	19	1:07:00	0:50	12	30:56	14	1:55:18
15	4/11	440	Steve Hoover	46	M	26	18:12	1:41	10	1:01:00	1:01	17	33:55	15	1:55:49
16	1/3	644	Cheryl Stine	47	F	5	13:44	1:15	14	1:05:11	1:20	22	36:53	16	1:58:23
17	5/11	447	Cody Riley	47	M	19	16:56	1:04	12	1:02:51	0:49	25	37:59	17	1:59:39
18	2/5	424	Joel Carl	28	M	30	18:47	1:46	31	1:12:16	0:11	11	30:45	18	2:03:45
19	1/2	653	Brad Myers	51	M	17	16:27	1:27	16	1:06:17	1:28	26	38:33	19	2:04:12
20	1/1	642	Melissa Scott	43	F	24	17:35	1:15	24	1:09:21	0:46	20	35:39	20	2:04:36
21	4/7	431	Michael Puposar	36	M	21	17:20	1:55	15	1:05:22	1:54	27	39:02	21	2:05:33
22	1/2	640	Amanda Frost	35	F	6	14:15	1:14	23	1:08:36	1:12	32	41:01	22	2:06:18
23	3/5	421	Matthew Thimling	25	M	34	19:20	2:09	36	1:14:31	1:12	10	30:07	23	2:07:19
24	4/5	422	Peter Reid	27	M	22	17:30	1:41	34	1:14:17	0:57	21	36:15	24	2:10:40
25	1/4	630	Mark Heithoff	56	M	35	19:38	1:13	27	1:10:37	1:22	24	37:51	25	2:10:41

26	5/7	432	Larry Donald	37 M	49	23:23	1:11	25	1:10:19	1:25	18	35:17	26	2:11:35
27	2/3	643	Christina Halioris	45 F	28	18:31	1:13	32	1:12:41	1:45	23	37:44	27	2:11:54
28	6/11	441	Bob Gober	46 M	32	18:59	2:10	29	1:11:26	1:06	28	39:38	28	2:13:19
29	2/3	425	Scott Phillips	30 M	53	25:15	1:49	17	1:06:39	1:04	29	39:38	29	2:14:25
30	1/3	417	Nick Faupel	18 M	13	15:50	1:41	39	1:15:06	1:02	33	41:21	30	2:15:00
31	2/4	631	Kevin Adams	57 M	42	21:17	1:16	26	1:10:33	0:47	35	41:44	31	2:15:37
32	6/7	434	Aaron Songer	38 M	38	20:20	1:16	20	1:07:30	1:15	45	47:19	32	2:17:40
33	7/7	433	Richard Ottway	37 M	40	20:38	1:57	44	1:19:24	0:34	19	35:21	33	2:17:54
34	5/8	451	Jeff Estes	40 M	39	20:36	2:51	35	1:14:26	1:22	30	40:07	34	2:19:22
35	3/3	428	Ryan Deeg	33 M	8	15:16	2:25	28	1:10:57	1:06	51	50:19	35	2:20:03
36	7/11	449	Jerry Lyons	48 M	20	17:07	1:22	33	1:13:26	0:28	48	48:17	36	2:20:40
37	8/11	448	Ron Faupel	47 M	31	18:48	2:03	43	1:18:59	0:44	31	40:45	37	2:21:19
38	3/4	629	Kenny Sloan	55 M	29	18:41	1:55	37	1:14:44	0:43	42	45:26	38	2:21:29
39	6/8	437	Shane Havener	43 M	37	20:06	2:59	38	1:14:51	2:20	34	41:41	39	2:21:57
40	1/2	634	Marc Hawley	62 M	33	19:18	1:42	42	1:18:39	0:49	38	42:16	40	2:22:44
41	9/11	444	Daniel Rothrock	47 M	48	23:22	2:39	22	1:08:29	2:05	43	46:12	41	2:22:47
42	5/5	423	Christopher Jetter	27 M	25	17:57	1:34	30	1:12:08	1:17	52	50:46	42	2:23:42
43	2/3	416	Tucker Dawson	15 M	9	15:17	1:20	47	1:24:54	0:16	36	42:00	43	2:23:47
44	3/3	645	Karin Bridwell	48 F	27	18:18	1:40	48	1:25:06	1:32	39	42:35	44	2:29:11
45	2/2	628	Brian Bell	51 M	44	21:38	2:25	41	1:18:30	0:59	46	47:21	45	2:30:53
46	7/8	436	Brett Heuring	42 M	54	26:14	3:00	40	1:17:47	1:33	40	44:45	46	2:33:19
47	1/1	635	Arthur Griffith	70 M	47	23:07	1:19	46	1:23:33	1:34	50	49:45	47	2:39:18
48	2/2	641	Angela Breeden	38 F	43	21:24	1:32	45	1:20:59	0:59	54	57:31	48	2:42:25
49	10/11	450	Martin Scheuer	49 M	52	24:50	2:47	49	1:29:50	1:48	44	47:04	49	2:46:19
50	1/1	638	Cori Shehorn	34 F	50	23:39	3:12	50	1:40:02	0:33	47	47:42	50	2:55:08
51	4/4	650	William Keith Hudson	56 M	46	22:04	2:49	53	1:46:37	1:52	37	42:03	51	2:55:25
52	2/2	633	Kevin Byrne	60 M	45	21:45	2:06	51	1:44:33	1:57	41	45:21	52	2:55:42
53	3/3	418	Tanner Wilkerson	18 M	41	20:52	2:37	54	1:53:27	0:46	49	48:27	53	3:06:09
54	11/11	445	Kirk Dawson	47 M	55	27:13	3:08	52	1:46:23	1:08	55	1:02:24	54	3:20:16
55	8/8	439	Joe Arena	44 M	51	24:39	3:11	55	2:01:13	2:11	53	52:32	55	3:23:46